

SDG&E RETIREE TIMES

August 2018



PRESIDENT'S MESSAGE

I don't know about the rest of you, but I thought the month of July was pretty darn hot here in San Diego. As I was researching the weather, I found that the City of San Diego had it's hottest July in a dozen years and the 5th hottest since 1874. It was 5-6 degrees warmer than normal all over the county with Ramona and Escondido having their warmest July on record. Along with the heat and the extremely dry vegetation came three wildfires. The West fire, which started July 6 in eastern

The SDG&E Alumni Board of Directors is working hard to provide services and information to our membership.

In the upcoming months we are planning to upgrade the SDGE Alumni website to make it easier to navigate and update as well as other features we are currently exploring.

Thanks to those of you that replied to the survey and shared your thoughts on the types of activities you would like to see the Alumni Association coordinate. See the results in this newsletter.

For current information on activities, events and notices check the SDGE Alumni website <http://sdgealumniassoc.org> or Facebook SDG&E Alumni Association page <https://www.facebook.com/groups/408831429206094/>

Alpine, destroyed 56 structures and burned 504 acres. The Pasqual fire started July 27 and torched 365 acres west of Ramona; and the Rock fire, which started July 28, burned 207 acres in Fallbrook. As Cal Fire reports, we no longer have a fire season; it's fire season all year long in San Diego county.

So how do we keep cool without breaking the bank? My husband had knee replacement surgery on June 26, so we were pretty much stuck at home. Thank goodness for our air conditioning! But, as we knew would happen, our electric bill is the highest it has ever been. What do you do if you don't have AC?

There are several places you can go as outlined in the article below from Pacific Coachways:

<http://www.pacificcoachways.com/top-places-to-beat-the-heat-this-summer-in-san-diego/>

How about you? How do you stay cool in these ever-increasing temperatures? If you have a special place that you go, tell us about it on our Facebook page, SDG&E Alumni Association! You know it's going to be hot through September and maybe all of October, so let's hear all about how you do it!

Your President,
Samm McDonald



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Visit our website at:
www.sdgealumniassoc.org
and our Facebook page at:

<https://www.facebook.com/groups/408831429206094>

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CHECK IT OUT: ENERGY EFFICIENCY RESOURCE AND TOOL LENDING LIBRARY

Attention: Do-it-yourselfers and building industry professionals. If you are about to undertake a home or office improvement project, and need DIY books to guide you or tools to make it happen, don't rush out to buy those things on your own.

Check out the FREE Resource and Tool Lending Library inside our [Energy Innovation Center](#) located in the Clairemont area of San Diego.

Our library offers more than 1,500 books, DVDs, CD-ROMs, and diagnostic and measuring tools for checkout, such as wall scanners, leak detectors and airflow meters. Books range from technical handbooks on heating, ventilation, and air conditioning to sustainability-themed titles, such as "The Adventure of an Aluminum Can" and "Bird on Fire: Lessons from the World's Least Sustainable City."

Check-Out is Easy

Our [entire inventory](#) is available for browsing and search online – similar to how the public library online catalog works. From the comfort of your home, you can see the availability of our items. If you create an [account](#), you can reserve items online and come pick it up at your convenience.

The library is open Monday through Friday, 8 a.m.-5 p.m., 4760 Clairemont Mesa Blvd.

You are welcome to stop by during our business hours to browse the books on the shelves. There are chairs and tables for you to sit down and read for a while, if you like. If a title catches your eye, check it out and take it home.



CITY OF SAN DIEGO PARKS AND RECREATION OFFERS PROGRAMS FOR SENIORS

Did you know that there are programs and volunteer opportunities for seniors? Check out some of them here! Click on the link to get detailed information on each of the offerings below.

<https://www.sandiego.gov/park-and-recreation/activities/seniorservices>

- Volunteer opportunities
- Legal Assistance
- Trips, Dances, Special Events
- Senior Lounge in Balboa Park



SDG&E ALUMNI TRANSITIONS (since June 2018 publication)

Deceased

2018

Jerry Martin Akren – June

Phillip R Duerst - July

Carlton "Mitch" Mitchell -
April

Mary Haggerty Morris –
July

Sallye M Pickering-Blevins
- July

Manfred Pohl - July

David Terry Schnitz - April

Retired

2018

Ronald Leslie - July 2018

Doug Sigler - August 2018

For a full list of retired and deceased retirees, see our web archive, <http://sdgealumniassoc.org/id7.html>

If you have any information regarding a newly retired SDG&E Alumni member, please contact Alice Myers at 858-278-3803 or amolyputz@san.rr.com

We need your help! SDG&E cannot provide us this information.

DAY TRIPPER TOURS – Leave the driving to them!

DayTripper Tours was founded in 1987 by then-tour bus driver Myron Stam under the name Hollywood Connection. It began as a one-person, home-based startup operation offering occasional one-day excursions to the Price is Right TV Show and other Hollywood game show tapings.

In 1989 the company name was changed to DayTripper Tours and its operations were expanded to include a myriad of other destinations throughout the Southwest and Mexico in response to increased demand for more tours. In 2011 the company was incorporated under the parent company Daycation Getaways, Inc., and that same year moved it's headquarters to the present location at 624 El Cajon Blvd., El Cajon, CA. The half-acre property provides both short and long term passenger parking as well as a 5,600 square-foot building that includes a passenger waiting lounge area and a small cafe for refreshments. DayTripper Tours has grown to become the largest tour operator of its kind in San Diego County and each year offers hundreds of day trips and multiple-day excursions outbound from San Diego to destinations throughout California, the Southwest, and beyond.

Are you ready for a DAYCATION? Click for a list of upcoming tours <https://www.daytrippertours.com/tours/>

JUST FOR THE FUN OF IT

Have you heard?

- “Walkabout Australia” has opened at the San Diego Safari Park. Step out and join the wonders from down under.
- “Taking Transit 101” is a short workshop by the Metropolitan Transit System (MTS) to acquaint folks on how to use the transit system successfully. For more information go to: <https://www.sdmts.com/ride-r-info-accessibility/travel-training-program>

Do you have a bucket list? Here are some fun ideas to choose, or, make your own!

- Fly off a cliff – paragliding above the cliffs of La Jolla
- Join folks at the Del Mar race track through Labor Day.



A GUIDE TO HELP YOU SURVIVE FIRES, FLOODS, EARTHQUAKES & MORE

July's wildfires are a poignant reminder that we all need to have our personal emergency preparedness plan in place, so we know exactly what to do in the event of an evacuation.

If you are wondering how to get your family ready, check out the San Diego Union-Tribune's "Are You Ready?" guide. Published this past weekend as a supplement in the Sunday newspaper, the guide is available [online](#).

The 32-page supplement is filled with helpful graphics and tips. Resources featured in the guide include:

- Smart phone apps to download for up-to-date information on disasters
- Checklist of essentials to stock to survive for up to three days
- Books to read to understand risks and prepare
- Key facts on earthquake, flood and fire insurance

Tips to get the elderly prepared

Graphic on how to create a defensible space or buffer around your home to reduce fire risk

Wildfire Threat

In addition, the guide includes maps that show the wildfire threat levels in our region and throughout California. Nearly our entire region is covered in varying shades of yellow, orange and red that indicate moderate, high, very high, and extreme fire risk.

Whereas in the past, only certain months of the year fell into the fire season, Californians now face wildfire threat year-round. With changes in climate conditions, record wildfires have erupted throughout California in recent years.

At SDG&E, we have implemented industry-leading programs and technologies to monitor and mitigate fire risk, including installing live-streaming cameras on mountain tops to enable early fire detection.

Our wildfire preparedness capabilities, including our weather center and camera network, are featured in an [article](#) on the back page of the Union-Tribune's guide.

More Information

On the SDG&E NewsCenter, we provide regular updates on our wildfire preparedness efforts and partnerships with local fire agencies. To learn more, click on the [wildfire preparedness tab](#).

REMINDER...

Do you miss the Passport discount card we used to have as employees? GREAT news!!!

We have arranged for the SDG&E Alumni to purchase the card for 50% off - only \$75 instead of \$150. To purchase your card go to:

<https://www.passportdining.com/order/membershippurchase?oc=SDGE2018>

Here's a picture from Coasterra, one of the Cohn Restaurants on the card!



SAVE THE DATE! ONLY 5 MONTHS TO THE HOLIDAY LUNCHEON

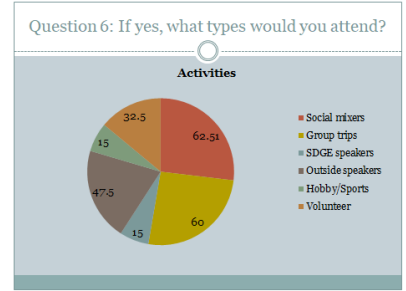
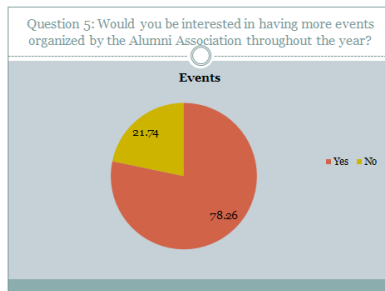
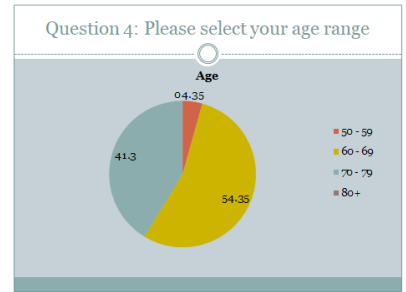
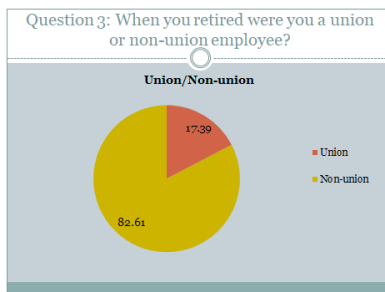
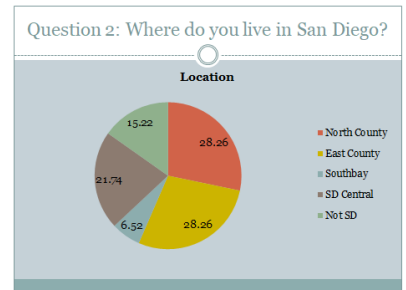
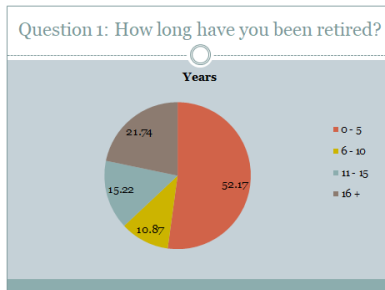
The SDG&E Alumni Association Annual meeting and holiday luncheon will be held on Tuesday, December 4 at the Scottish Rite Event Center. We will be having a traditional holiday meal with turkey and all the fixings. This year we will also have wine and beer for purchase. Invitations will be mailed in October. It's a fun day to catch up with friends, make new ones and possibly win a wonderful prize from the raffle!

2018 SDG&E – IBEW 465 GAS AND ELECTRIC RODEO – NORTHEAST TEAM TAKES TOP HONORS

The region's best linemen, groundmen and apprentices put their skills on display in June, performing Hurt Man Rescue, Pole Climb and Pipe Cutting. At the end of the day, with all events tallied, the number one journeyman team was SDG&E's Nick Smith, Chad Clovis and Myles Mendivil with an overall score of 700 and time of 24:17:35. A team from APS took second place and SDG&E's team Simmons (father Chris and sons Anthony and Taylor) finished third. Congratulations to these dedicated professionals.

SDGE ALUMNI ACTIVITY INTEREST SURVEY RESULTS

In May through July we asked our Facebook members to respond to a short survey to determine what types of activities they would be interested in attending. This was a sampling of our overall alumni population, but it gives us an idea of things that are of interest to our alumni. As a result of the positive responses, the Entertainment Committee will be organizing various activities throughout San Diego County to provide venues for getting folks together. We will be posting upcoming events on the SDGE Alumni website and Facebook page. Here are the overall results from the survey.



- Question 7: If you have attended the Holiday luncheon in the past, do you have any suggestions for this year's event?
- **Comments**
 - o Plan to attend this year, I just retired in 2018
 - o All works well, just fine, no suggestions, etc. received from 12 respondents
 - o Maybe a table or area for the various Dept's to gather like Cust Svc, IT, HR etc so you can meet your old co workers - then sit at tables wherever you want so you can mingle with other groups.
 - o Last year was perfect! Do a close repeat!
 - o Not since the company stopped its support and you keep inviting them to the luncheons.
 - o Have wine available for purchase
 - o Love this event!
 - o Not yet, looking forward to this year's event
 - o Always well organized, but could use more serving stations.
 - o More mingle time, have better control of the music levels. Last year the music was too high at times and unable to hear others talk.

- Question 8: If you haven't attended the Holiday luncheon in the past would interest you to attend?
- **Comments**
 - o Knowing who is attending ahead of time
 - o I have heard it's great already. Seeing fellow retired coworkers is interest enough for me to attend. ☺
 - o Attended almost all luncheon since 1990
 - o I've attended but I'm not sure all retirees know about the membership. I know several who have retired but don't know about the group
 - o the timing is difficult for those who watch their grandkids after school
 - o Don't know -- I've been away from SDG&E for so long, many of the people I worked with have passed away.
 - o Time

A LITTLE RETIREMENT HUMOR...

I am a "Senager"

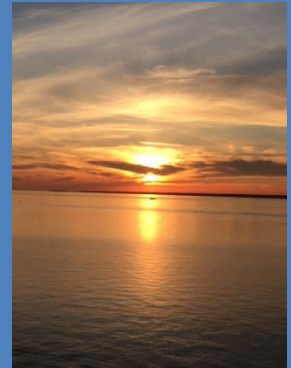
- ❖ I changed my car horn to gunshot sounds. People get out of the way much faster now.
- ❖ Gone are the days when girls used to cook like their mothers. Now they drink like their fathers.
- ❖ I didn't make it to the gym today. That makes five years in a row.
- ❖ I decided to stop calling the bathroom the "John" and renamed it the "Jim". I feel so much better saying I went to the Jim this morning.
- ❖ Old age is coming at a really bad time.
- ❖ When I was a child I thought "Nap Time" was a punishment. Now, as a grownup, it feels like a small vacation.
- ❖ The biggest lie I tell myself is "I don't need to write that down, I'll remember it."
- ❖ I don't have gray hair; I have "wisdom highlights"! I'm just very wise.
- ❖ If God wanted me to touch my toes, He would've put them on my knees.
- ❖ Last year I joined a support group for procrastinators. We haven't met yet.
- ❖ Why do I have to press one for English when you're just going to transfer me to someone I can't understand anyway?
- ❖ Of course I talk to myself. Sometimes I need expert advice.
- ❖ At my age "Getting lucky" means walking into a room and remembering what I came in there for.

Actually I'm not complaining because I am a Senager. (Senior teenager) I have everything that I wanted as a teenager, only 60 years later. I don't have to go to school or work. I get an allowance every month. I have my own pad. I don't have a curfew. I have a driver's license and my own car. The people I hang around with are not scared of getting pregnant. And I don't have acne.

Life is great.

TRAVEL SPOT

Do you have a favorite photo from a trip you've taken? Email it to nancy.woods4202@att.net with the location and any other information you would like to share and we'll feature it in an edition of *Retiree Times*. It may inspire others to go there!



Sunrise in St. Petersburg
Russia – Samm McDonald

UPCOMING ALUMNI EVENTS

Happy Hour Socials

8/29 – Casa Guadalajara – Old Town 4-7pm

9/11 – Cocina del Charro – San Marcos 4-7pm

9/26 – Casa de Pico – La Mesa 3-7pm

10/9 – Casa Sol y Mar – Del Mar 4-7pm

Come to one or all! It will be a chance to catch up with fellow retirees in a relaxed, casual environment. Please RSVP to nancy.woods4202@att.net or call/text 858-344-6005.

Do you have other activities or places to recommend? Send us your ideas!